The Lea Valley and why it matters

The Lea Valley, which straddles the River Lea from Hendon in middle London to the point where it joins with the Thames at Hertford, provides a unique corridor from hand to mouth. It is part of London, part of East Anglia, and connects us to the places where we live. In recent decades many of the problems we face in the world have got their start here, in the U.K. The valley’s produce is not actually grown in the valley’s soil, and thanks to our food distribution networks, it is hard to tell where food comes from. As the search for solutions continues, there is a growing awareness of the need to produce food under our feet.

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