

Organiclea Cupboard Essentials: Bulk Ordering at the Hornbeam

In partnership with **Second Nature, 78 Wood Street,
London E17: Organic Whole food Shop**



Order organic flour, grains, pulses and oats - good value and minimum packaging.

Potatoes are THE lowest carbon staple you could hope to produce – especially if they’re grown in Chingford - and they’re great – jackets, chips, mash, roasties... but they don’t go with korma and you can’t spread jam on them.

So pair up your local produce with some organic, fairly traded cupboard basics – where not available in the UK we will source from Europe, and Fairtrade where possible.

Your purchase supports our local growing and distribution, and shows solidarity with other global producers growing fairly and sustainably.

Brown lentils : Brown rice (Fairtrade)

Bulgur wheat : Chick peas

Cous cous (wholewheat) : Green lentils

Muesli fruit and nut : Oats : Quinoa (Fairtrade)

Red lentils : Yellow split peas

First orders from March 5th. Order (2, 3 or 5) kilos by Wednesday 3pm and collect from the Hornbeam stall Saturday 10-3pm. All products are certified organic.

Order at the stall, or email an order form to box@organiclea.org.uk.

Thank You!